

# impact case studies

## INTERGENERATIONAL WORK IN PEEBLES

**Vulnerable young people developing life skills, older people learning digital skills and improving well being.**

Open Doors is an intergenerational IT project, delivered in partnership with Tweeddale Youth Action, Peebles High School, CLD service and the Orange Grove. Running weekly at Peebles Community Centre, it provides a relaxed and welcoming environment for mainly older learners to receive help with basic computing. The learning

is supported by young volunteers from Peebles High School and Tweeddale Youth Action, who also provide a soup lunch at the end. Eight older learners regularly attend and numbers are growing.

*"I've really enjoyed coming here.....it's helping me learn new skills and I can talk to the learners and ask them what they would like. I couldn't have done that before." (Young person)*

*"I joined the Community Council because my confidence has increased so much...I would never have been able to do that before" (older person)*  
*"I'm not left in the dark anymore ...I can do things for myself and I feel good about that."*

## S2 GIRLS CONFERENCE

Jedburgh Grammar and Hawick High School

**Young people included, attaining and achieving**

The Girls conference brought inspirational local women together to deliver workshops to 120 S2 pupils from Hawick High and Jedburgh Grammar Schools. The aim of the day was to raise aspirations of the girls and show them what opportunities are available to them in the future. Also highlighted were the opportunities available in what have been typically male oriented jobs, such as Royal Navy and Fire and Rescue.

*"It gives me a clearer view of my future"*  
*"They gave you lots of information about different jobs"*

*"It has given me the opportunity to ask questions about my future"*  
*"It's just inspirational to me"*

*"It has opened my eyes to more options for when I leave school"*

*"They told me that it's not hard and that I can do it"*

**Has this event made you think more about what you want to do when you leave school?**

*"Yes because it makes you think you can do more"*

*"Yes it made me want to do more in life"*

*"Yes before I had no idea what I wanted to do, now I have a good idea"*

## PARTICIPATORY BUDGETING IN HAWICK

**Building community capacity in Burnfoot**

CLD service is working with Burnfoot Community Futures to support the community to allocate £35,000 to local community projects by March 2017. A CLDS worker is supporting and training a core group of eight community members to run the project. The core group are raising awareness of the money available and

encouraging applications from community groups. They are planning a series of community events where applicants will present their case for funding. Community members will make the final decisions about who receives the funding. To build on the momentum being generated, CLDS are planning to run further training in April 2017 for interested community members to become active and effective citizens.

## PREVENTION WORK IN GALASHIELS

**Diverting vulnerable young people into positive destinations.**

This was a partnership project with TD1 Youth Hub, CLD service, Scottish Fire and Rescue and Galashiels Academy. The aims were to engage a group of vulnerable young people in life skills training alongside the local fire station. Utilising the station training facilities and trainers, the group learned firefighting and rescue

techniques, CPR, teamwork and a range of other skills. Six young people completed the course and one became an "informal member" of the Watch and hopes to join when he becomes 18 years old. The school pastoral team noted a positive difference in some of the young people. Fire crews are now going to carry out basic youth work training, delivered by CLDS.

## EARLY INTERVENTION AND PREVENTION IN BERWICKSHIRE

**Building young people's resilience**

Seventy six young people took part in the Heads Up! project. This new health and wellbeing programme was developed by Berwickshire Connect, schools and CLD service and delivered in the High School and feeder primaries. It aimed to increase opportunities for 10-14 year olds to build resilience, confidence and self-esteem. Six 1.5 hour sessions were delivered following the themes of "5 Ways of Wellbeing", a National Framework.

**Young people's feedback**

*"Yes, I would recommend this course; it is good to know what to do when you don't feel well." "I learned the 5 ways of wellbeing."*  
*"If Billie and Els were my Mum or in my family I would love them so much because they would help me when I'm sad."*

**Parent feedback**

*"She saw it as an opportunity to learn amazing new things with brilliant new people."*  
*"She is now aware of what to do if she has worries."*

# CLD service impact in numbers

YOUTH WORK

**24,291**

youth learning opportunities delivered to **young people (11-25yrs)\***



FAMILY AND COMMUNITY LEARNING

**623**

adults (16+yrs) took part in **family and community learning**



\* includes some delivery by voluntary sector through partnership agreement

## What was achieved?

### YOUTH LEARNING

AWARDS

**124**

Youth Achievement Awards



SALTIRE

**854**

registered for Saltire Awards



SQA

**126**

completed SQA units



YOUTH WORK

**285**

delivered a youth work programme



ACTIVITY AGREEMENTS

**25**

incompleted Activity Agreements and progressed to a positive destination



PROGRAMMES

**1,327**

took part in Youth Work & Schools programmes



WIRED

**69**

WIRED programmes broadcast

### ADULT LEARNING

HEALTH & WELLBEING

**314**

increased health and wellbeing



FAMILY OUTCOMES

**264**

achieved outcomes for their family



EMPLOYABILITY

**104**

increased employability

SQA ACCREDITATION

**70**

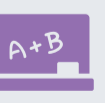
gained SQA accreditation



LITERACY/NUMERACY

**71**

increased literacy/numeracy skills



ENGLISH LANGUAGE

**26**

increased English language skills



BUDGETING

**24**

increased budgeting/ money management skills



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## EARLY INTERVENTION AND PREVENTION IN EYEMOUTH

### Parenting work with targeted young families

Four CLDS Workers have been trained to deliver parenting programmes as part of the Psychology of Parenting Programme (PoPP). PoPP has a 60+% success rate in improving 3-6yr old children's challenging behaviour out of a high risk category. The CLDS Worker in Eyemouth has delivered two Incredible Years parenting programmes and is now delivering a third. Twenty one parents/carers have completed the IY programme in Eyemouth. All 21

have reported a significant improvement in good behaviour. Five children's behaviour has moved out of the high risk category.

*"By learning about the different techniques, some areas of my son's behaviour have improved drastically"*

*"I am enjoying days out with my kids now and even when they are playing up I am feeling positive."*

*"I have benefitted hugely from the group leaders and the other parent's support and advice"*

*"The main benefit of the IY programme is that my confidence and ability to cope with situations has improved"*

## SCOTTISH BORDERS YOUTH VOICE

### Building the capacity of young people to get their voices heard

SBYV supported young people under the age of 25 years to get actively involved in decision making and youth-led campaigns across the Scottish Borders.

### Three hundred and nineteen young people took part in a range of projects:

- Three area based Youth Voice campaign teams.
- Digital Voice, an online team increased digital participation and skills.

- Child Rights Ambassadors promoted children's rights, education and awareness.
- Inspire Awards group staged an annual awards ceremony to recognise the achievements of young people.
- Youth Chex assessed and awarded funds of £10k to youth groups and organisations.
- Three local members of the Scottish Youth Parliament hosted a weekend sitting of the national parliament in Galashiels.
- Head Team Conference
- Participation in Head teacher appointments, HMIE Inspections, consultations
- Seven young people participated in Council Education Executive Committee meetings

## ACTIVITY AGREEMENTS

### Guiding some of our most vulnerable young people into positive destinations

Activity Agreements are bespoke learning/training programmes aimed at supporting those young people furthest from the job market into a positive destination. Twenty five referrals were received and all progressed onto a positive destination. Ellie, now 18 was referred to Activity Agreements by Skills Development

Scotland at the beginning of 2016. Estranged from her immediate family at a young age, Ellie suffered from lack of self-esteem and confidence throughout her primary and secondary school years and consequently dropped out of school. Admitting to feeling isolated, she was motivated to sign up to an Activity Agreement. She identified her own strengths and weakness and, with support, compiled an individual learning programme which met her needs in the areas of personal, social and educational goals.

# strategic overview

### The CLD service delivers on:

- The National Youth Work Strategy
- Adult Literacies in Scotland: Strategic Guidance (2020)
- Statement of Ambition for Adult Learning, 2014 and Scotland's ESOL Strategy, 2015

### Principles

All CLDS learning activity is focused on including and empowering the most vulnerable learners in our communities.

We begin by identifying each learner's strengths and life experience then negotiate a learning programme to build confidence, resilience and meet needs and aspirations. We work with vulnerable young parents, adult learners, children, disengaged young people and older people in our communities. We often work together with other statutory or voluntary sector partners.

### Youth Learning

**Includes:** local drop-in youth clubs, targeted learning programmes for the most vulnerable learners (in partnership with schools), post-school Activity Agreements, youth participation (Members of the Scottish Youth Parliament and the Rights Respecting

Schools programme), financial and partnership support for the voluntary sector (YouthBorders, seven lead youth clubs and Voice of My Own).

### Adult Learning

**Includes:** family and parent learning, adult numeracy and literacy, intergenerational learning opportunities to develop IT skills and reduce social isolation. In partnership with Borders College, we deliver learning opportunities for English for Speakers of Other Languages (ESOL), including Syrian Refugee families.

### CLD Strategic Partnership

In the last 18 months CLDS workers have established an SBC led region wide CLD strategic partnership, and a 3 year action plan in line with the Requirements for Community Learning and Development (Scotland) Regulations 2013. Nine CLD partnerships, one in each High School catchment area, have analysed local needs within the five themes of the Reducing Inequalities Strategy and developed a local action plan of activity and interventions.

# CLD service priorities for 2016/17

### Adult and family learning

- increase engagement of most vulnerable families and adults
- further develop family learning offer in partnership aligned to identified needs from Parenting Strategy
- partnership working to improve employability, maximise income and develop opportunities for older people

### Youth learning

- increase engagement of Looked After and Accommodated Children, carers and most vulnerable young people
- programmes and activity to develop resilience and emotional well-being in our most vulnerable young people

### Community capacity building

- ensure consistency across all nine Learning Community Partnerships, increase community engagement and develop sense of ownership by all CLD partners
- develop partnership working to support implementation of Community Empowerment Act

### Workforce development for staff and volunteers

- leadership skills for CLDS Workers
- community capacity building skills

# community learning and development

SERVICE SUMMARY 2015/16

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