

Taking Community Learning and Develop Approach to Challenge Poverty 2024

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- Child Poverty in Inverclyde
- The Inverclyde Approach
- Warm Spaces
- Multiply
- Inverclyde Community Food Network



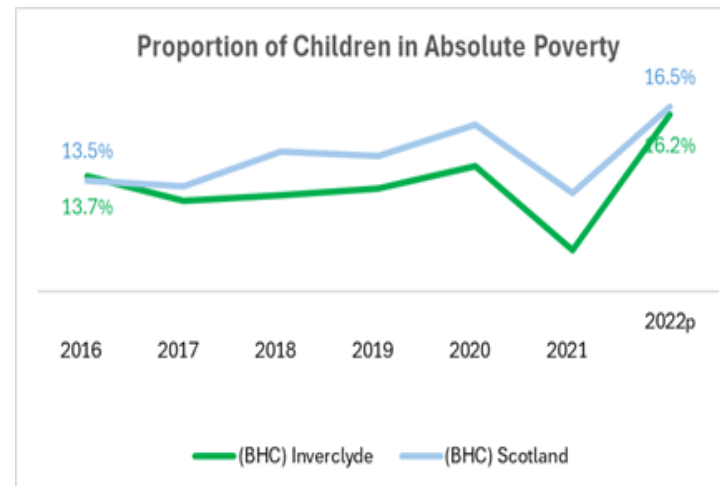
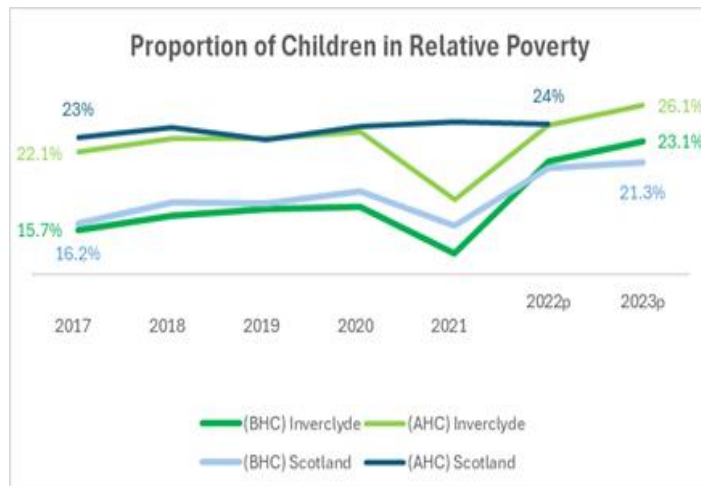
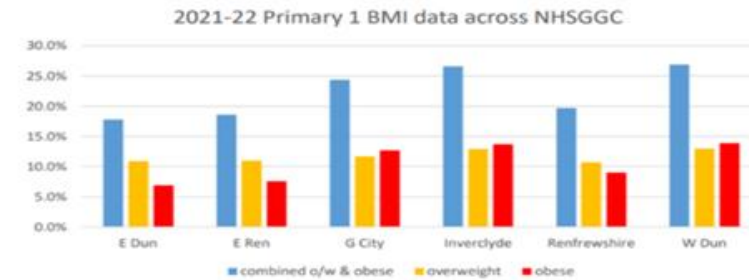
Inverclyde Child Poverty Local Action Report

- *“A children’s human rights-based approach to tackling poverty requires a shift in the way we think about poverty. In this vision, tackling poverty is not an act of charity, but an obligation and responsibility. Poverty should not be seen as an inevitable part of a society, but as an intolerable injustice and a failure of the government and public authorities to respect, protect and fulfil human rights.”*
- Key Drivers
 - Increase income from Social Security Benefits
 - Increase income from Employment
 - Mitigate the cost of living
 - Engagement and Participation with local people to codesign services

Child Poverty In Inverclyde

Measure	Inverclyde	Scotland	Scotland Interim Targets 2023-24	Scotland Targets 2030
% of children live in relative poverty	23.1%	21.3%	less than 18%	less than 10%
% of children live in absolute poverty	18.1%	17.1%	less than 14%	less than 5%
% of children live in combined low income and material deprivation.(2020-23)	NA	9.6%	less than 8%	less than 5%
% of children live in persistent poverty (2018-22)	NA	8%	less than 8%	less than 5%

23% of children entering Primary 1 are now overweight and/or obese.
30% of 16-24 year olds are overweight and/or obese.



The Inverclyde Approach

- Based on collaboration and partnerships
- Community codesign to address the complex challenges
- A whole systems approach that tackles issues at their root by working closely with local parents and communities, third sector and public sector organisations and the private sector businesses.
- Uses local evidence, data and knowledge

The Inverclyde Approach

- Strengths
 - focus on family needs and preferences.
 - Improved communication
 - Improved empowerment ownership and buy in from parents
 - Improved satisfaction with the service
 - Increased opportunities to codesign the out of school childcare and community-based toddler or stay and play sessions.

The Inverclyde Approach

- Case Study

- Inverclyde ASN Parent and Carer Group Inverclyde Council and local services working collaboratively to codesign and create inclusive services encompassing a broad spectrum of disabilities and additional support needs, beyond autism.
- Resulted in a free, four-week stay-and-play summer holiday service with up to 60 spaces per day leading to improved behaviour and overall well-being for the children.

" First and foremost, the setup was fantastic! There was a wonderful array of fun activities for families, and it was evident that a lot of thought and effort went into the planning."

Warm Hand of Friendship

- Funding £100,000 from December 2023 until March 2027.

To better support grass root organisations to meet the needs of local communities.

- Supported 58 local community organisations and more than 9,000 individuals including lone parent families, families with multiple children, and older adults to deliver essential community services.
- Addressed the difficult choice between food and heating,
 - fostered social connections
 - creating lasting friendships and
 - establishing support networks within the community.



Multiply: Make Numbers Count

What is Multiply?

Official

- Multiply is a government funded initiative aimed at 19+ to improve their functional numeracy skills.
- We use Volunteers to support upskilling of everyday number skills both in small group and 1:1 settings



- Our Multiply Volunteers undertake 8 sessions of training prior to being matched with a Multiply Learner
- Volunteers adopt a Social Practice Approach to supporting our learners with everyday number skills, this means that the learning is :

- Relevant to the learner
- Contextualised
- Will address current need and support aspirations of learners



- Our Multiply learning offer covers the following areas:
- Cooking courses – this looks at low-cost recipes that can be batch cooked to enable cook once eat 4 times
- Numbers for Employment – looks at all aspects of numbers in relation to employment from understanding timetables to how much tax you pay on your earnings
- Budget skills to maintain a home – this looks at creating a personalised budget plan, best value activities for food to fuel
- Entry tests for Police Scotland and Fire Service to support employment opportunities



Community Food Growing:
Inverclyde

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InverGrow

What we do



FOOD GROWING



Support Inverclyde's community gardens



Work with nurseries & community groups to set up and maintain growing spaces



Encourage and help people to grow at home



FOOD SHARING



Support Inverclyde's community food shares & pantries



Share produce from community gardens with food shares



Promote zero waste

COOKING



Deliver 'nutritious food on a budget' cooking sessions to nurseries & community groups using food grown in the gardens when possible



Encourage people to cook from scratch using fresh, frozen or tinned vegetables



Encourage zero waste cooking - sessions on pickles & preserves



Let's Grow Inverclyde!

COMMUNITY GARDENING

- Grow fruit, vegetables, herbs & flowers
- in a community garden near you (see over)
 - in your community group / organisation space
 - in your own home / garden

FOOD SHARING

Help collect & share excess food and prevent waste

COOKING

Take part in free cooking sessions & help use excess food to make preserves and pickles

SELF CARE

Let Nature Nurture YOU:

- improve your health and wellbeing
- connect with others and make new friends
- share / learn new skills

Look out for our 'pay it forward' POTS OF LOVE events throughout the year!



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 Inverclyde Community Food Network
www.icfn.org.uk



The Benefits of Community Gardening



Inverclyde Community Gardens HARVEST EVENTS 28 Aug-2 Sept '23

MONDAY 28th	10-12pm SHORE STREET GARDEN 1-3pm BELVILLE COMMUNITY GARDEN
TUESDAY 29th	10-12pm BRANCHTON COMMUNITY GARDEN 12.30-2.30pm KIDRON AT LYLE KIRK GATEWAY
WEDNESDAY 30th	1-3pm PARKLEA BRANCHING OUT
THURSDAY 31st	1-3pm THE DRYING GREEN, SW LIBRARY
SATURDAY 2nd	10-1pm BLOOMING INVERKIP 10-12pm MUIRSHIEL LANE COMMUNITY GARDEN

Family COOK & EAT

Help shape the recipes to suit your family and cook food that:

- tastes great...because you cooked it!
- is good for your pocket!
- is good for you!



Get in touch!
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www.icfn.org.uk

SPRING POTATO WEEK

1st-8th April '24
 potato growing kits at all events!

DAY 1st	WEDNESDAY 3rd
COMMUNITY GARDEN 1-3pm potatoes & potato planting	1-3pm PARKLEA BRANCHING OUT All ability cycling & herb/seed give away
DAY 2nd	MON-SATURDAY 6th
TON GARDENING CLUB 1-3pm pot & seed sowing	All week BLOOMING INVERKIP Sourd Bucket Challenge - collect a kit anytime
DRIVING GREEN, SW LIBRARY 1-3pm pot, art session & singing with Shelagh	MONDAY 8th
DRIVING GREEN, SW LIBRARY 1-3pm pot, art session & singing with Shelagh	10-12pm SHORE STREET GARDEN (INVERCLYDE SHED) No Dig/Composting talk

For more details, please visit:
www.icfn.org.uk
 Inverclyde Community Food Network

Volunteers' Week 3rd-9th June 2024

"I love volunteering in the garden because it makes me feel proud to help my community. I love that we are able to help feed our community with food we have grown ourselves."



www.icfn.org.uk

Find out about your local Inverclyde Community Gardens!

Monday 7 - Friday 11 August
 10.30am - 3pm
D.MCGILP POPUP SHOP COUBROOK
 Free fresh, organic vegetables & herbs while stocks last!



Why we do it

cial



Improve Nutrition and Health

- Growing food gives access to fresh produce to improve diets
- Teaching cooking skills empowers individuals to improve overall dietary habits



Economic Benefits

- Growing and sharing food can reduce bills where food insecurity is common
- Community cooking and gardening can develop skills and provide training opportunities



Social Cohesion and Mental Health

- Food projects bring people together, fostering a sense of community and reducing social isolation
- Gardening and cooking improve mental health by providing physical activity, a sense of purpose and opportunities for social interaction

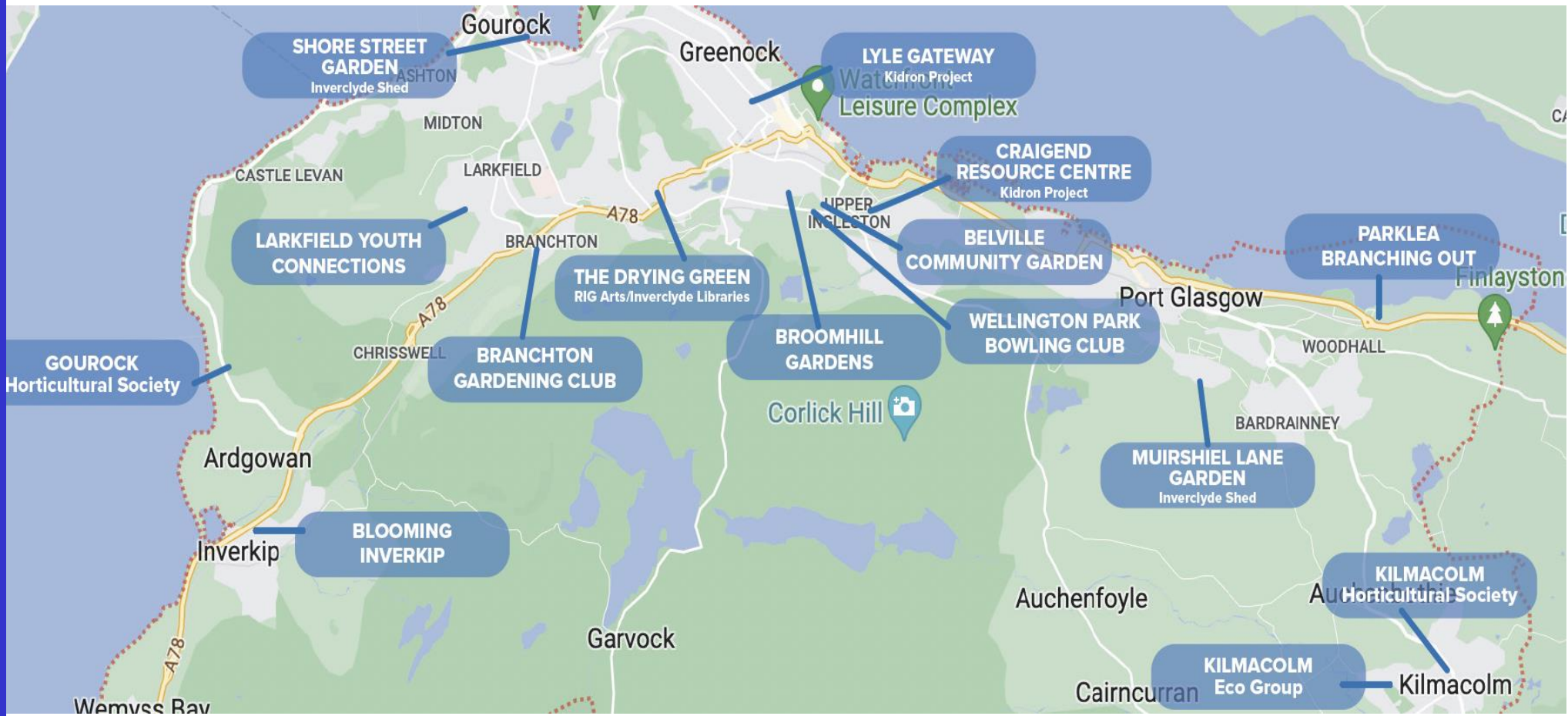


Impact on the Environment

- Growing and sharing food reduces waste and food miles
- Growing food promotes biodiversity and improve soil health



Growing projects



- **Hosted an ICFN event** on November 21, 2023, to showcase each growing space and highlight future objectives.
- **Created and distributed 300+ leaflets** around Inverclyde in collaboration with CLD colleagues.
- **Partnered with unpaid work and River Clyde Homes** to place raised beds in various locations: 3 in John Gault House, 1 in Stewart House, and 2 in Elliott Court.
- **Placed 2 raised beds** outside the Enterprise Centre at the Shared Campus to encourage growing activities for CLD staff and schools.
- **Ongoing placement of a raised bed** at Caddlehill Green Space.
- **Supported the Distribution of soil** to Broadstone Gardens and Stewart House to encourage residents to grow their own.
- **Launched the Invergrow Moodle Platform** to provide training resources.
- **Funding:** Provided funding to 9 community groups to support growing activities
- **Needs assessment-** carried out a needs assessment with community growers.



Growing Feedback



"I love volunteering in the garden because it makes me feel proud to help my community. I love that we are able to help feed our community with food we have grown ourselves."

"Working in the community garden allows me to forget the day to day stresses of life. I'm able to enjoy fresh air, wildlife and friendship. Over time, both the garden and my gardening knowledge has grown and matured."

"I've met the most amazing friends in the garden who have become like family to me. Volunteering in the garden has helped me talk to people and my confidence has grown and my anxiety has lessened."

"Volunteering in a garden they say has a therapeutic effect and I have seen this time and time again. Not only has it helped me, the added benefit is that I notice the impact that it has on the other volunteers, and sometimes that can be profound."

InverGrow

Inverclyde
council